

# KEYS PARENTS AS TEACHERS



## What is KEYS Parents as Teachers (PAT) Program?

You are your child's first teacher, and your home is their first classroom. The early years of a child's life are critical for optimal development and lay the foundation for lifelong success. With 90% of brain development occurring in the first five years, this is a pivotal time for your child's growth.

Our Parents as Teachers program is an in-home, evidence-based program designed to support you in understanding and supporting your child's development. Through personalised home visits, we provide guidance, activities, and tools tailored to your child's unique needs. We also offer opportunities for referrals to other services, ensuring that your family has access to comprehensive support during these vital early years. Join us to empower your child's future!

### What is our eligibility criteria?

To be eligible for our Parents as Teachers Program, you must **reside in Kwinana** and **have a child under the age of 6 years in your care**.

We can offer the program in your home or we can arrange to meet with you in one of our offices or at a suitable space within the community.

### PAT Program Sessions

Our Parents as Teachers Program is for both children and their parents/carers. PAT sessions look something like this:

- A fun and educational play session for the whole family.
- A chance to talk about and receive evidence-based information about topics such as nutrition and sleep.

Time for you to discuss your needs. We know that parents need support too.

### How can PAT benefit you?

- Give your child a head start! Parents as Teachers helps them start school ready to thrive.
- Catch health and development concerns early for the best support.
- Boost your confidence and sharpen your parenting skills with our program.
- Discover fun, meaningful ways to connect with your child that benefit both of you—and create memories along the way.
- Understand your child's development and get ready for what's next.
- Get expert guidance on toileting, sibling issues, being bilingual and more from your parent educator.

For more information, call us on 9439 1838 or email [info@keyswa.org](mailto:info@keyswa.org)